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FOR IMMEDIATE RELEASE

Strathcona Nordics Host Successful Teck Regional Camp

(Courtenay, BC) – Strathcona Nordics hosted a successful Teck Regional Camp at Miracle Beach Campground, just outside of Courtenay, BC from the 13th to 15th of September 2013. The camp, which is part of a regional initiative by Cross Country BC and Teck Resources Ltd. to get more youth participation in cross country skiing, attracted 36 participants between the ages of 8 and 17.

For many the highlight of the camp was simply camping and staying together for the entire weekend. The campground was ideally placed close to ideal training locations, including trails for running and rollerskiing and the beach. “Having all of the athletes training together was really special,” notes camp coordinator Andrea Stapff, “Some of the younger kids got to try roller skiing for the first time, using equipment loaned by the older kids.”



Strathcona Nordics will host a Teck Regional Snow Camp from December 27-30, 2013 at Mt. Washington ski area. For more information on this camp, or to register, please visit the club website (<http://strathconanordics.com/>).



Cross Country BC, the provincial sport governing body for cross-country skiing in British Columbia is a non-for-profit, club-based organization of more than 16,000 members. Cross Country BC offers programs and services to support the continuous development of cross-country skiing for all ages and abilities, from

introductory experiences to international excellence. Teck Resources Ltd. is the title sponsor of Cross Country BC's Skier Development Program, thereby supporting excellence in sport and providing youth with experiences that will help them prepare for the future. For more information on Cross Country BC, please visit www.crosscountrybc.ca.

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Teck

