

Northern Cup



Teck

- Race Notice: Teck Northern Cup # 2, Snow Valley Open
- Race Format: Classic Technique, Interval Start (15 sec. Intervals)
- Date/Time: Saturday, January 31st, 2015, 1st start time 11:00 am.
- Race Location: Onion Lake Ski Trails (29 km south of Terrace, 29 km north of Kitimat on Highway 37)
- Hosting Club: Snow Valley Nordic Ski Club (www.snowvalleynordics.com)
- Supported by Cross Country BC
- Rules: CCC Rules and Regulations. Also refer to the Teck Northern Cup Series Technical guidelines for additional details: <http://crosscountrybc.ca/sites/default/files/documents/2014-15%20Teck%20RC%20TG%20-%20Northern%20BC.pdf>
- Information: Chief of Competition: Travis Carter (travisluvsbikes@gmail.com)
Race Secretary: Ria Vandenburg (riavandenberg@schoolathome.ca)
- Race Entries: **All registration** through www.zone4.ca Locate the event in the online registration section on the zone4 website to enter your information and pay by credit card. **(Preferred method.)** If needed, contact Travis Carter at above listed email for questions and/or registration outside of zone4.
- Race Entry Deadline: **Closing deadline for registration is Wednesday, 28th, 2015 at midnight.** No post deadline entries will be available.
- Start Lists: Start lists for Saturday's race will be available online on zone4 by Thursday the 29th. As well they will be posted before race start at time of your bib pick up.

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- Bib Pick up:** Bib pick up will be available at the main lodge of the Onion Lake Trail system between 9:00 and 10:30 am on race day.
- Awards:** An award presentation shall take place immediately following the race. Awards for participants 14 years and under shall be provided by Teck Resources.
- Concession:** A concession will be available on site serving soup, drinks and baked goods for all racers. Spectators may purchase food, cash only.
- Waxing:** There are electrical outlets available on the outside of the lodge for waxing with a limited number of waxing forms. Warm up and wax testing areas will be available in close vicinity to the stadium.
- Accommodation:** Local accommodation listings can be found at [Visit Terrace](#) .

Category	Age as of Dec. 31st, 2014	Year Born	Distance*	Race Fee
Atoms Boys/Girls	7 and Under	2007-present	0.6 km	\$7.00
PeeWee Boys/Girls	8-9	2005-2006	1.5 km	\$7.00
Bantam Boys/Girls	10-11	2003-2004	2.5 km	\$7.00
Midget Boys/Girls	12-13	2001-2002	3.5 km	\$7.00
Juvenile Boys/Girls	14-15	1999-2000	5.0 km	\$7.00
Junior Boys/Girls	16-17	1997-1998	5.0 km	\$7.00
Junior Men/Women	18-19	1995-1996	7.5 km	\$12.00
Open Men/Women	20-29	1985-1994	7.5 km	\$12.00
Masters Men/Women	30-39	1975-1984	7.5 km	\$12.00
Masters Men/Women	40-49	1965-1974	7.5 km	\$12.00
Masters Men/Women	50-59	1955-1964	7.5 km	\$12.00
Senior Men/Women	60 and older	1954 and before	5.0 km	\$12.00



* Course Maps will be on display on race day at the Lodge. Distance subject to change with respect to weather and conditions at the discretion of the Race Committee.

Facilities: Outhouse style restrooms only with running cold water available in the lodge.

Trail fees: Registered racers and coaches may obtain a free trail pass for the day of the race. A trail pass is not required for spectators to view the race. Complimentary trail pass is available upon request for family of racers. Regular trail fees pertain to all other users of the trails on race day. Fees are posted outside the ticket booth. There will be restricted use of race trails during the race.

Cancellation: Refunds for participants shall not be issued for those who choose to not start their race. A refund minus online processing fee shall be granted to participants if the race is cancelled due to unsafe weather or trail conditions, by the race committee.