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Nordic ski club hosts Teck Kootenay Cup race



The Nelson Nordic Ski Club hosts the Teck Kootenay Cup Race No. 3 on Jan. 17. — Image Credit: Nelson Star File Photo



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The Nelson Nordic Ski Club is hosting the Teck Kootenay Cup Race No. 3 on Sunday, Jan. 17.

This is a fun annual event, and there are race categories for all ages. The races are freestyle technique, so you can ski skate or classic style, but most racers will be skating. There is an easy 7.5 km course for recreational skiers. Everyone is invited to participate.

A free lunch buffet and draw prizes will be part of the fun. If you would like to volunteer at the race, contact Kaj Gyr at kajgyr@telus.net

To register for the race go to zone4.ca and click the Teck Kootenay Cup No. 3 link. Bib pick up is from 9 to 10 a.m. Bunnies and Atoms (seven and under) start at 10:30 a.m. Start times then go sequentially from youngest to oldest.

Check NelsonNordicSki.ca for more information and further updates.