



# RACE NOTICE

## HAYWOOD NORAM / BUFF SPRINTS / TECK KOOTENAY CUP #2 DECEMBER 13-14, 2014

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| Name of Event:              | Haywood NorAm / Buff Sprints / Teck Kootenay Cup #2  |  |
| Race Events:                | Saturday December 13 – Sprint, FT<br>Sunday December 14 – Interval Start, CI   |  |
| Race Location:              | Black Jack Ski Trails, 3 km north of Rossland  |  |
| Host Club:                  | Black Jack Cross Country Ski Club  |  |
| NorAm sanctioned by:        | Federation Internationale de Ski (FIS), Cross Country Canada (CCC) & Cross Country BC (CCBC)   |  |
| Kootenay Cup recognized by: | Cross Country BC (CCBC)  |  |
| Rules:                      | FIS & CCC Rules and Regulations<br><a href="http://www.cccski.com/Events/Rules-and-Regulations.aspx">http://www.cccski.com/Events/Rules-and-Regulations.aspx</a> |  |
| Race Organizing Committee:  | Chief of Competition:  | Ian Sibbald<br>(250) 362-2130 <a href="mailto:isibbald@telus.net">isibbald@telus.net</a>                   |
|                             | Chief of Course:   | Mark Richards  |
|                             | Chief of Timing:   | Iain Reid  |
|                             | Chief of Stadium:  | Matt Hermann   |
|                             | Chief of Venue:  | Mike Heximer   |
|                             | Competition Secretary:   | Jacqui Richards<br>(250) 362-9595 <a href="mailto:blackjack.noram@gmail.com">blackjack.noram@gmail.com</a> |
|                             | Technical Delegate:  | Len Apedaile   |
|                             | Asst. Technical Delegate:  | Mark Duperreault   |
|                             | CCC Race Director:   | Dave Dyer  |

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| <p><b>Jury</b></p>  | <p>The Jury will consist of the Chief of Competition, Technical Delegate, Assistant TD and CCC Race Director. At the discretion of the Jury, other experts may be invited to attend Jury Meetings as observers. Observers do not have a vote in Jury decisions. Juvenile, Junior, and Open categories are included in the NorAm competition.</p>  |  |               |                                 |               |   |               |
| <p><b>Registration &amp; Entry Fees</b></p>                     | <p>All registration will take place online, using Zone4 (<a href="http://www.zone4.ca">www.zone4.ca</a>), payable by Visa or MasterCard. Coaches should register on Zone4 (no fee).</p> <p><b>Haywood NorAm:</b></p> <table data-bbox="488 520 1347 640"> <tr> <td>Early Registration - Up to November 19th</td> <td>\$35 per race</td> </tr> <tr> <td>Nov 20th to Dec 5<sup>th</sup></td> <td>\$40 per race</td> </tr> <tr> <td>Final Registration - Dec 6<sup>th</sup> to Dec 8<sup>th</sup></td> <td>\$50 per race</td> </tr> </table> <p><b>Teck Kootenay Cup:</b> See Competition Schedule on page 7 for entry fees, distances and approximate race times.</p> <p><b>Racers and Coaches must check the confirmation list</b> (available from the online registration section of Zone4) to ensure they are registered in the correct age and gender categories. <b>Please contact the Competition Secretary at <a href="mailto:blackjack.noram@gmail.com">blackjack.noram@gmail.com</a> with any registration corrections or questions.</b></p> | Early Registration - Up to November 19th | \$35 per race | Nov 20th to Dec 5 <sup>th</sup> | \$40 per race | Final Registration - Dec 6 <sup>th</sup> to Dec 8 <sup>th</sup> | \$50 per race |
| Early Registration - Up to November 19th                        | \$35 per race   |  |               |                                 |               |   |               |
| Nov 20th to Dec 5 <sup>th</sup>                                 | \$40 per race   |  |               |                                 |               |   |               |
| Final Registration - Dec 6 <sup>th</sup> to Dec 8 <sup>th</sup> | \$50 per race   |  |               |                                 |               |   |               |
| <p><b>NorAm Entry Deadline</b></p>                              | <p><b>Monday December 8, 2014 – 23:59 P.S.T.</b><br/>Late entries will only be accepted at the discretion of the jury and will incur an additional \$50 late fee per race.</p>  |  |               |                                 |               |   |               |
| <p><b>Kootenay Cup Entry Deadline</b></p>                       | <p><b>Thursday, December 11, 2014 – 23:59 P.S.T.</b><br/>This applies to Atoms through Midgets, Masters, and Recreational for Sunday’s race.</p>  |  |               |                                 |               |   |               |
| <p><b>Licences</b></p>  | <p><b>Haywood NorAm:</b> All skiers must have a valid racing licence issued by CCC, FIS, or the national ski licensing body of another country. Skiers without a current national or international licence will be required to purchase a CCC Day Licence at registration. This applies to all skiers in categories from Juvenile to Senior. If a skier has both a CCC and FIS licence, <b>both</b> numbers must be provided at registration. Only skiers with FIS licences are eligible to receive cash prizes.</p> <p><b>Teck Kootenay Cup:</b> Kootenay Cup competitors do not need a ski licence but must have signed the Zone4 online Informed Consent and Assumption of Risk Agreement. This applies to Atoms through Midgets, Masters, and Recreational.</p>   |  |               |                                 |               |   |               |
| <p><b>Waivers</b></p>   | <p>Waivers must be accepted at online registration on zone4.</p>  |  |               |                                 |               |   |               |

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| <p><b>Haywood NorAm Seeding</b></p>    | <p>Seeding will be in accordance with specifications in Section 6.9.1 (Distance) and Section 6.9.3 (Sprints) of the Haywood NorAm Series Technical Package 2.2.4, dated September 2014: <a href="http://www.cccski.com/Events/Technical-Packages.aspx">http://www.cccski.com/Events/Technical-Packages.aspx</a> . For all open competitions, the Senior Men and Junior Men categories and the Senior Women and Junior Women categories will be combined in the Qualification race for seeding purposes and run as a single Open class but will be separated into junior and senior for heats and awards. Please note revisions to seeding protocol for interval start distance competitions as outlined in 6.9.1 of the Technical Package.</p> |
| <p><b>World Jr / U23 Selection</b></p> | <p>NorAm results will be used to help select members of the 2015 World Jr / U23 team representing Canada in Almaty, Kazakhstan. Juniors competing for World Jr Selection must enter the Junior Heats to be eligible for selection. Refer to Section 8, 2014/15 National Team Criteria at: <a href="http://www.cccski.com/National-Ski-Team/Selection-Criteria.aspx">http://www.cccski.com/National-Ski-Team/Selection-Criteria.aspx</a></p>  |
| <p><b>Haywood NorAm Awards</b></p>     | <p>Awards will be presented immediately following the races each day outside the day lodge, see event schedule, p8. Awards will be presented to the top three in each category (Open Men &amp; Women, Junior Men &amp; Women). Cash prizes will be given to the top five finishers plus the top U23 finisher in the Open classes.<br/><i>Please note: only skiers with FIS licences are eligible for cash prizes.</i></p>  |
| <p><b>Teck Kootenay Cup Awards</b></p> | <p>Teck participant ribbons will be presented to all Atoms. First year Peewees will receive Teck ribbons for the top five finishers and all others will receive participant ribbons. Teck medals will be presented to the top three finishers in each category from second year Peewee to first year Juveniles and Teck ribbons to the 4<sup>th</sup> and 5<sup>th</sup> place finishers in each category. Second year Juveniles and up will receive Black Jack awards for the top three finishers in each category.</p>   |
| <p><b>Saturday - Buff Sprint</b></p>   | <p>Sprint competitions will consist of a qualification round for all skiers in the Juvenile, Junior and Open categories and started in order of Sprint CPL. Canada Points will be awarded to Juvenile and Junior Boys and Girls who own a CCC Racing Licence.<br/><u>The top 12 qualifying Juvenile and Junior Boys and Girls will then advance directly to semi final heats of 6 skiers. The top 30 Junior M/W and Senior M/W will advance to quarterfinal heats.</u></p>   |
| <p><b>Team Captains' Meetings</b></p>  | <p>The Team Captains' meetings will be held for coaches of NorAm skiers as follows:<br/>Friday December 12<sup>th</sup> at 18:00 for Saturday's Sprint<br/>Saturday December 13<sup>th</sup> at 19:00 for Sunday's Interval start<br/>All meetings will be held at the Old Fire Hall, 2115 Queen St, Rossland (corner of Queen and 1<sup>st</sup> Ave, one block up from the main street).</p>   |

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| <b>NorAm Start Lists</b>       | Start lists for each race will be available after the Team Captains' meeting on the evening before the race. Start lists will also be posted on Zone4 and on the Black Jack website after the meeting.   |
| <b>Bib Pick-up</b>             | Bibs for each race can be picked up from the Race Office (located in the trailer in the parking area). See Event Timetable on p8 for bib pickup times for both the NorAm and Kootenay Cup.   |
| <b>Course Maps</b>             | Maps of the race courses will be available before the event on the NorAm website at <a href="http://skiblackjack.ca/noram">http://skiblackjack.ca/noram</a>  |
| <b>Waxing Facilities</b>       | Outdoor electrical outlets for waxing will be available at the race site. Please plan accordingly by bringing your own wax tent. We have very limited waxing facilities. No skis are permitted in the day lodge. Teams are responsible for cleaning up their waxing area. A wax testing / warm up area will be provided near the waxing tents. No wax testing is allowed in the stadium area.  |
| <b>NorAm Protest Procedure</b> | Protest forms will be available in the Race Office. Protest must be made within 15 minutes of posting the unofficial results. Note: a \$50 fee must accompany protest form.  |
| <b>Food</b>                    | There will be limited food available on site on race days. Rossland shops/restaurants are a 10 minute drive.   |
| <b>Trail Passes</b>            | There will be no trail fees charged to competitors, their coaches, and other team support personnel on race days and the official training day. All persons who wish to ski on the trails outside these dates and conditions must purchase and display a valid trail pass or have a valid season pass. A discounted trail pass will be available for teams at a daily rate of \$7.50 per person (valid Monday through Friday).   |
| <b>Weather</b>                 | <p>For up-to-date weather information in the Rossland area, visit the Environment Canada website at:<br/> <a href="http://www.weatheroffice.gc.ca/city/pages/bc-71_metric_e.html">http://www.weatheroffice.gc.ca/city/pages/bc-71_metric_e.html</a><br/> Web Cam for Paulson Summit 1446m (on Hwy 3, 30 km north of Black Jack ski trails) at:<br/> <a href="http://images.drivebc.ca/bchighwaycam/pub/html/www/174.html">http://images.drivebc.ca/bchighwaycam/pub/html/www/174.html</a><br/> Or current Weather for Strawberry Pass (Nancy Greene Summit) at:<br/> <a href="http://images.drivebc.ca/bchighwaycam/pub/weather/32221.html">http://images.drivebc.ca/bchighwaycam/pub/weather/32221.html</a></p> <p><b>Call Black Jack Snow Phone for local snow conditions at 250-364-5445.</b></p> |
| <b>Race Cancellation</b>       | An alternate venue has been secured at a higher elevation if snow conditions are not suitable for holding the event at Black Jack ski trails. The date of the race will not be moved but cancellation of the race may  |

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| <p><b>Accommodation</b></p>         | <p>be unavoidable due to weather conditions. If the event is cancelled a partial refund will be given to all competitors per the tech package. For competitors that have to cancel before race entry deadline, a refund will be given less an administration fee.</p> <p>The organizing committee has negotiated a significant discount with Red Mountain Resort Lodging for accommodation. They rent excellent quality condo style 1-4 bedroom apartments with full kitchens and underground parking, a 5 minute drive from the ski trails. Go to <a href="http://www.redreservations.com">www.redreservations.com</a> for further details. This discount is not available for online bookings. To book, call 1-877-969-7669 or email: <a href="mailto:reservations@redresort.com">reservations@redresort.com</a>, mention Black Jack NorAm for the special rate. Waxing will be allowed in the underground parking area.</p> |
| <p><b>Travel Information</b></p>    | <p>Castlegar Airport is a 30 minute drive from Rossland but is frequently difficult to fly in and out of in the winter. Other airport options include Kelowna, Spokane and Cranbrook (see below for times).</p>  |
| <p><b>Distances to Rossland</b></p> | <p><i>Note: Black Jack ski trails are approximately a 10-minute drive from Rossland</i></p> <p>Vancouver = 620 km (approx. 8 hrs)<br/>         Calgary = 630 km (approx. 8hrs)<br/>         Spokane Airport = 215 km (approx. 2 hrs 45 mins)<br/>         Kelowna Airport = 300 km (approx. 4 hrs)<br/>         Cranbrook Airport = 255 km (approx. 3 hrs 30 mins)</p>   |

We would like to acknowledge and thank our NorAm and Club sponsors for their ongoing support of skiing at Black Jack.



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## Competition Schedule

### DAY 1 December 13, 2014 Buff Sprints - Sprint, FT

| RACE             | CATEGORY    | YOB   | GENDER     | DISTANCE   | COURSE FORMAT      | START TIME | FEE PER RACE    |
|------------------|-------------|---|------------|------------|--------------------|------------|-----------------|
| Sprint Qualifier | Open        | Senior – 1994 & before<br>Junior - 1995, 1996 | Men        | 1.6km      | Sprint             | 9:00       | \$40<br>See p 2 |
| Sprint Qualifier | Open        | Senior – 1994 & before<br>Junior - 1995, 1996 | Women      | 1.4km      | Sprint             | 9:00       | \$40<br>See p 2 |
| Sprint Qualifier | Junior Boy  | 1997, 1998                                    | Boy        | 1.4 km     | Sprint             | 10:00      | \$30            |
| Sprint Qualifier | Junior Girl | 1997, 1998                                    | Girl       | 1 km       | Sprint             | 10:00      | \$30            |
| Sprint Qualifier | Juvenile    | 1999, 2000                                    | Boy / Girl | 1 km       | Sprint             | 10:00      | \$30            |
| Distance         | Midget      | 2001, 2002                                    | Boy / Girl | 2km        | FT Int. St         | 10:30      | \$15            |
| Sprint Heats     | Open M/W    |   | M/W        | 1.6/1.4 km | Sprint             | 11:30      |                 |
| Sprint Heats     | Junior      |   | Boy / Girl | 1.4/1 km   | Semi & Finals only | 14:30      |                 |
| Sprint Heats     | Juvenile    |   | Boy / Girl | 1 km       | Semi & Finals only | 14:30      |                 |

### DAY 2 December 14, 2014 Haywood NorAm / Teck Kootenay Cup #2 – Interval Start, Classic

| RACE    | CATEGORY     | YOB   | GENDER   | DISTANCE | COURSE FORMAT | START TIME | FEE PER RACE    |
|---------|--------------|---|----------|----------|---------------|------------|-----------------|
| NorAm   | Open         | Senior – 1994 & before<br>Junior - 1995, 1996 | Women    | 10km     | 2 x 5         | 9:00       | \$40<br>See p 2 |
| NorAm   | Open         | Senior – 1994 & before<br>Junior - 1995, 1996 | Men      | 15km     | 3 x 5         | 10:00      | \$40<br>See p 2 |
| K Cup   | Atom         | 2007, 2008, 2009                              | Boy/Girl | .8km     | Stadium       | 12:15      | \$10            |
| K Cup   | Peewee       | 2005, 2006                                    | Boy/Girl | 1.4km    | Sprint        |            | \$10            |
| K Cup   | Bantam       | 2003, 2004                                    | Boy/Girl | 2 km     | 1 x 2         |            | \$15            |
| K Cup * | Masters      | 1985 and before                               | Men      | 11 km    | 3 x 3.75      |            | \$25            |
| K Cup * | Masters      | 1985 and before                               | Women    | 7.5 km   | 2 x 3.75      |            | \$25            |
| K Cup   | Midget       | 2001, 2002                                    | Boy/Girl | 3.75 km  | 1 x 3.75      |            | \$15            |
| K Cup   | Recreational | All ages                                      | M/F      | 3.75 km  | 1 x 3.75      |            | \$15            |
| NorAm   | Junior Boy   | 1997, 1998                                    | Boy      | 10 km    | 2 x 5         |            | \$30            |
| NorAm   | Junior Girl  | 1997, 1998                                    | Girl     | 5 km     | 1 x 5         |            | \$30            |
| NorAm   | Juvenile     | 1999, 2000                                    | Boy/Girl | 5 km     | 1 x 5         |            | \$30            |

\* Kootenay Cup Masters will be ranked in 10 year increments by age from 30 to 60+

## EVENT TIMETABLE

### Haywood NorAm, Buff Sprints & Kootenay Cup # 2

| DATE                     | TIME (PST)   | EVENT  | LOCATION  |
|--------------------------|--|--|---|
| Wednesday<br>November 19 | 23:59  | Deadline for early registration  | <a href="http://www.zone4.ca">www.zone4.ca</a>  |
| Friday<br>December 5     | 23:59  | Regular price registration closes  | <a href="http://www.zone4.ca">www.zone4.ca</a>  |
| Monday<br>December 8     | 23:59  | Deadline for later registration<br><b>Coaches please check the Confirmation List</b>   | If you have any problems with registration please email:<br><a href="mailto:blackjack.noram@gmail.com">blackjack.noram@gmail.com</a>  |
| Thursday<br>December 11  | 10:00-12:00<br><br>23:59   | Race Office open<br><br>Deadline for Kootenay Cup Registration   | Parking area, Black Jack ski trails<br>Race Office<br><a href="http://www.zone4.ca">www.zone4.ca</a>  |
| Friday<br>December 12    | 10:00-14:00<br><br>09:00-14:00<br><br>18:00 – 19:00                    | Official Training<br><br>Race Office open<br><br>Team Captains' meeting  | Black Jack ski trails<br><br>Race office<br><br>Old Fire Hall, 2115 Queen St, Rossland (one block up from main street)  |
| Saturday<br>December 13  | 08:00 – 09:00<br><br>9:00<br><br>11:30 – 16:00<br><br>19:00 – 20:00    | Buff Sprints Bib pick up<br><br>Buff Sprints Qualification - FT<br><br>Buff Sprints Heats<br><br>Team Captains' meeting  | Race Office<br><br>Sprint Courses<br><br>Stadium/Sprint courses<br><br>Awards outside the day lodge immediately following the Heats<br><br>Old Fire Hall, 2115 Queen St, Rossland (one block up from main street) |
| Sunday<br>December 14    | 08:30-10:00<br><br>9:00<br><br>10:00<br><br>11:00 – 12:00<br><br>12:15 | Haywood NorAm Bib pick<br><br>Interval Start – CI (Open Women)<br><br>Interval Start – CI (Open Men)<br><br>Teck Kootenay Cup Bib pick up<br><br>Interval Start – CI (Teck Kootenay Cup) | Race Office<br><br><br><br>Awards outside the day lodge following the open category race<br>Race Office<br><br>Awards outside the day lodge immediately following the race  |

\* Note: Changes may need to be made to the race start times due to weather etc. Please check the website for updates. <http://skiblackjack.ca/noram>