

Okanagan Cup



Teck

Teck Okanagan Cup #1 - A Day of Skiing Fun and Competition

January 2 2022

FOR IMMEDIATE RELEASE

(Revelstoke, BC)



Almost perfect conditions greeted the 200 skiers who took part in the first cross country ski race of the season for Revelstoke Nordic Ski Club (RNSC) on Sunday, January 2, 2022. The race was Teck Okanagan Cup #1 as well as the Thompson/Okanagan Zone qualifier for the BC Winter Games happening in Vernon at the end of February. Approximately 80 skiers born in 2007 and 2008, from across British Columbia, will complete in free technique (skate) sprints, a classic technique interval start and a mixed technique relay at the Games.



Ruby Serrouya, one of Revelstoke Nordic's rising stars can't stand to sit on the sidelines while she heals from a foot injury; where there's a will there's a way!

At about -6 Celsius, the ambient air and snow temperature made waxing easy, and the skies were clear for most of the day. The welcomed warmer temperatures and new snow compensated for the punishing courses that racers had to navigate. Challenging uphill and technical descents kept skiers on their toes and suffering, regardless of their race distance. Courses ranged from 1.5 km for skiers under the age of 10, up to 10 km for masters. This day was an interval start, classic technique event which saw skiers start at 15 second intervals to race against the clock.



Small superhero charges to the finish line.

Participants came from Penticton, Salmon Arm, Vernon, Kelowna, Kamloops, Revelstoke, and several smaller communities in our region, as well as communities as far away as Nelson and Invermere. This was the first event of the season for many, and the first event ever for younger skiers who missed out on last season.

Races such as this require a great deal of work and more than 45 local volunteers stepped up to the plate to help with grooming, waxing, timing, marshalling, coaching, organizing parking, announcing, and lunches.

Sponsors are a critical part of ski racing. Without Teck, there would not be a race series. Teck made the event a huge success, without the funding and equipment they provide costs would be prohibitive, making cross country racing out of reach for most families. A giant shout out to Teck for sponsoring Cross Country Skiing in British Columbia. Teck Okanagan Cup #1 also would like to thank two local businesses for their donations on the day: Begbie Brewery and Southside Market.

Full race results here: <https://zone4.ca/event/2022/D3B69ACE/>

For more information, please contact:

Cross-Country BC
Sandie Gibson
3111 32nd Avenue, Vernon, BC V1T 2M2
Phone: 250-545-9600
E-mail: office@crosscountrybc.ca
Website: www.crosscountrybc.ca

Revelstoke Nordic Ski Club
President Jeff Wilson
PO Box 1618
Revelstoke BC V0E 2S0
E-mail: jwilson@revelstokenordic.org
Website: www.revelstokenordic.org

Cross Country BC (CCBC), the provincial sport governing body for cross country skiing in British Columbia, is a not-for-profit, club-based organization of more than 27,000 members. CCBC offers programs and services to support the continuous development of cross country skiing for all ages and abilities, from introductory experiences to international excellence.

Teck Resources Limited is the title sponsor of CCBC's Skier Development Program, thereby supporting excellence in sport and providing youth with experiences that will help them prepare for the for the future. For more information on Cross Country BC, please visit www.crosscountrybc.ca.



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