

# Coast Cup



# Teck

## Mt. Washington Hosts the 2022 Teck Coast Cup #3 & 4!

February 19 - 20, 2022

**FOR IMMEDIATE RELEASE**  
(Courtenay, BC)



The Teck Coast Cup races #3 and #4 took place on Feb 19<sup>th</sup> and 20<sup>th</sup>, 2022 at Strathcona Nordic Ski Club at the beautiful Mt. Washington ski resort on Vancouver Island. After a season of cancelled races due to the pandemic, these events were well attended with fresh air, huge smiles and plenty of cheer!

Strathcona Nordics played host, receiving racers from Vancouver Island Biathlon (Mt. Washington), Hollyburn Cross Country Ski Club (West Vancouver), Spud Valley Nordic Ski Club (Pemberton BC) and Nordic Racers (Vancouver). Skiers ranging in age from 3 to 65 years old competed in the two days of racing.

Day one was characterized by weather typical for Vancouver Island ranging from snow showers to sunshine with everything in between. 158 racers paired up to compete in the team sprint free technique event. The sun came out on day two as 154 racers put their fitness, technique and wax wizardry to the test in a mass start classic technique race.



*Racers setting off on the U12 boys classic 2.5km.*



*Post race sunshine with friends and teammates.*



*Approaching the finish line.*

The weekend of events concluded the Teck Coast Cup races for the season, and the Teck Club Aggregate Award was presented. This year the aggregate award went to the Strathcona Nordic Ski Club.



*Strathcona Nordics celebrating the Tech Coast Cup Aggregate award.*

Complete results are available at <https://zone4.ca/event/2022/823B024C/>.

The races could not have happened without a large group of very dedicated coaches, waxers and volunteers. A huge thank you to all the people who made this a successful weekend!

A big THANK YOU to Teck Resources Limited for sponsoring this event!

For more information, please contact:

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*Cross Country BC (CCBC), the provincial sport governing body for cross country skiing in British Columbia, is a not-for-profit, club-based organization of more than 27,000 members. CCBC offers programs and services to support the continuous development of cross country skiing for all ages and abilities, from introductory experiences to international excellence.*

*Teck Resources Limited is the title sponsor of CCBC's Skier Development Program, thereby supporting excellence in sport and providing youth with experiences that will help them prepare for the future. For more information on Cross Country BC, please visit [www.crosscountrybc.ca](http://www.crosscountrybc.ca).*



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