

**Regional Camp  
Kootenay**



**Teck**

## **Teck Regional Snow Camp (Kootenay Region): Invermere, BC**

FOR IMMEDIATE RELEASE  
December 4, 2018

### **Excellent Snow Conditions for Invermere's Teck Regional Camp**

**Invermere, B.C.** - The Teck Regional Snow camp (Kootenay) took place on November 30 – Dec 2 at Panorama Ski Resort. The Toby Creek Nordic Ski Club hosted 37 athletes from Fernie, Golden, Kimberley and Invermeres' Toby Creek Nordic Ski Clubs.



With the skilled leadership of Graham McLean (Cross Country BC) and Ted Bigelow (Toby Creek Nordic Ski Club), the camp focused on athletes 8-14 years of age (LTAD Learning to Train and Training to Train (1) stages of athlete development). Amongst the skating and classic technique refinement, athletes participated in numerous ski games with an emphasis on keeping skiing fun, encouraging team mates, making new friends, leadership and managing adversity.



The camp was a unique experience for athletes and coaches who were shuttled up and down the ski lifts to the 2450m/8038 ft summit of Panorama. Perfectly groomed skate and classic tracks met the athletes that travelled along outback ridge to the “Monster” Plateau teaching grid and trails. The cross country ski trails and world class vistas provided the athletes with an exclusive environment for technique development and competition preparation.



All photos by Cam Gillies

A huge thank you goes out the Panorama Mountain Resort team whose vision and determination provided an outstanding high altitude cross country ski success. Also, a big thank you to all of the coaches, volunteers, and athletes for making this first camp a success and to Teck Resources Ltd. for their support.

For more information, please contact:

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*Cross Country BC (CCBC), the provincial sport governing body for cross country skiing in British Columbia, is a not-for-profit, club-based organization of more than 18,000 members. CCBC offers programs and services to support the continuous development of cross-country skiing for all ages and abilities, from introductory experiences to international excellence.*

*Teck Resources Limited is the title sponsor of CCBC's Skier Development Program, thereby supporting excellence in sport and providing youth with experiences that will help them prepare for the future.*

*For more information on Cross Country BC, please visit [www.crosscountrybc.ca](http://www.crosscountrybc.ca).*



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