

HIGH FIVE[®] Training

Principles of Healthy Child Development (PHCD)

This one-day training will help front-line leaders improve the quality of children's programs. It provides in depth training in the HIGH FIVE[®] Principles of Healthy Child Development so front-line leaders understand what they need to do to ensure each child's social, emotional and cognitive needs are met.

Leaders learn activities and gain knowledge, tips and resources to enhance their programs as well as their relationships with children and other staff members.

Learner Outcomes

At the completion of this training, learners will be able to:

- Design an activity plan that enhances a child's healthy development
- Build healthy relationships in all areas of programming for children
- Create environments and spaces that foster healthy child development

Target Audience

Anyone working with children aged 6 to 12 (i.e. camp counselor, coach, swim instructor)

Friday October 19, 2018

9:00am – 5:00pm

\$65.00

**Whistler Athletes Centre
1090 Legacy Way, Whistler
BC**

[http://www.whistlersportlegacies.com/
coaches-week-2018-workshops-
programming](http://www.whistlersportlegacies.com/coaches-week-2018-workshops-programming)



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The best way to play™



HIGH FIVE[®] A quality standard for children's sport and recreation
Founded by Parks and Recreation Ontario