

TECK COAST CUPS 5 & 6 2018

FOR IMMEDIATE RELEASE

The Teck Coast Cups 5 & 6 took place this past weekend at Mount Washington (Nordic Area & Raven Lodge) on Vancouver Island. These events were hosted by the Strathcona Nordic Ski Club and participants attended from Vancouver, Squamish, Whistler and Pemberton as well as a number of communities on Island. The Teck Regional Cup Series is held in regions across the province, is sponsored by Teck Resources Limited, and has a focus on the early stages of athlete development – namely children 14 years and younger.



Above: Young racers in the team event on Saturday.

Saturday's Team Sprint - Nordic Ski-cross event (free technique) was held for the second year in a row, and made for good all round fun by mixing ages and abilities.

Sunday's event was a distance race - from 1 km for Atoms to 2.5 for Pee Wees and Bantams and 5 km for Midgets and Juveniles.

Photo credits: P.C. Kurt Galik





Strathcona Nordics head coach, former Olympian Andrea Stapff commented "This home race weekend was such a great opportunity to build community amongst our programs. For our youngest skiers to be part of a regional event and to ski side by side our Junior Development team and our Junior Race team athletes is so important. The popular Team Sprint event on a skier cross course, nordic style, is not only super fun but goes a long way to develop great skills. It was really fun to watch everyone get into the team spirit and give it a really good go through the various skill segments of the course. And I was really impressed with the way in which all the competitors handled the icy conditions in the distance races on the second day of the race weekend."



Start of Sunday's race under a clear-blue sky. Photo credit: Brenda Blakely

These were the final races in the Teck Coast Cup series for this season. The Northern Cup Aggregate Award went to the Hollyburn Cross Country Ski Club of Vancouver (1195 points). The Strathcona Nordic Ski Club from Courtenay (1048 points) was the runner up.

It was an excellent weekend all around.

Special thanks to CCBC, Teck Resources Limited, the Province of BC, Mount Washington and Ski Tak Hut as well as all our volunteers for their support of and help with the event.

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Cross Country BC (CCBC), the provincial sport governing body for cross country skiing in British Columbia, is a not-for-profit, club-based organization of more than 18,000 members. CCBC offers programs and services to support the continuous development of cross country skiing for all ages and abilities, from introductory experiences to international excellence.

Teck Resources Limited is the title sponsor of CCBC's Skier Development Program, thereby supporting excellence in sport and providing youth with experiences that will help them prepare for the future. For more information on Cross Country BC, please visit www.crosscountrybc.ca.



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